



Introduction for Judy Carter

Our guest speaker is Judy Carter, Goddess of Comedy -- or how she prefers to be called, just "Goddess."

Judy Carter is an acclaimed standup comic appearing on over a hundred television shows. Ten years ago she formed comedy workshops which trains wanna-be comics in the how-tos of comedy and her new book, "The Comedy Bible" was just featured on "Good Morning America." She has also appeared on Oprah, CNN and ABC World News Tonight.

In the past five years, Judy has become an expert in showing how humor techniques can help everyone deal with stress and change. Her work with Corporate America has made her a sought after speaker and has lead to her being featured in the Wall Street Journal, New York Times and Success Magazine.

So... showing us how to "Laugh our way out of stress"...

Ladies and Gentlemen... Judy Carter.